

A/B, 3, 2/91

To: File

Subject: SI and H Experimentation, 30 January 1952

On Wednesday, 30 January 1952, SI and H experiments were carried on in Building 13, Room 20, with Misses [redacted] and [redacted] (the latter attended primarily as an observer) by Messrs. [redacted] and [redacted]. For a matter of record, [redacted] came in shortly after the work had begun.

As stated above, [redacted] had attended primarily as an observer but in view of her excellent capacity as a hypnotic subject, the writer asked [redacted] to demonstrate some of her ability in hypnotic work for the benefit of [redacted] and [redacted]. Accordingly, the writer placed [redacted] in a deep trance state in a matter of a few seconds and transferred control of her to Miss [redacted] and he showed Miss [redacted] and [redacted] how [redacted] could open her eyes, carry on a normal conversation, act, look, laugh, etc. and still remain in a very deep trance state. After [redacted] had demonstrated this for about five to six minutes, [redacted] awakened her by the usual 12345 method.

After some discussion of the general subject and remarks on [redacted] demonstration, the writer, using a slow relaxation technique, placed both Miss [redacted] and [redacted] in a medium trance state for approximately ten minutes. He thereafter returned both girls to an awake state, using the usual post H suggestion regarding sleep, by the 12345 method.

[redacted] then using a more rapid technique, placed [redacted] in a medium trance state and tests were made for depth through various standard experiments such as opening eyes, inability to move the arm, arm catalepsy, etc. In addition, [redacted] carried on a brief conversation with [redacted]. [redacted] then awakened [redacted] by the 12345 method after he gave her a post H suggestion that when he tapped the back of his chair with a pencil, she would immediately go to sleep. Shortly after awakening [redacted] tapped the back of his chair with a pencil and [redacted] responded and went into a good, medium trance state. [redacted] awakened her from this by the 12345 method.

After a short discussion, [redacted] then using the same short method, placed [redacted] in a lighter trance state and tested her for depth with the opening of the eyes, arm catalepsy, etc. [redacted] then carried on a brief conversation with [redacted] and awakened her by the 12345 method after giving her a post H suggestion that when the

[redacted]

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chair on which [redacted] was sitting moved a certain way, [redacted] would fall asleep. Shortly after [redacted] was awakened, [redacted] moved the chair and [redacted] and went immediately into a hypnotic trance state. [redacted] awakened her using the usual 12345 method.

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After a brief discussion concerning the hypnotic state induced, [redacted] placed both girls rapidly in a medium trance state. Thereafter using a microphone, [redacted] asked a series of questions with [redacted] and tape recorded the answers. [redacted] being held in a trance state during the entire conversation. Thereafter [redacted] turned the mike over to [redacted] who questioned [redacted] briefly. However, the one point during the questioning, [redacted] shifted her body and blinked her eyes as though she were awakening and [redacted] immediately stopped the questioning. Shortly thereafter [redacted] awakened both girls by the usual 12345 method and with the usual precautionary suggestions.

The work was concluded short before 9:00 PM.

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